

# Physical Therapy Clinic Equipment Check List (Priority-Based)

## Complete Setup Checklist for Physical Therapy Clinics

Use this checklist as a planning and decision-making tool when opening or expanding a physical therapy clinic.

Equipment is organized by **priority**, helping you invest smartly and scale over time.

**PRIORITY 1** – ESSENTIAL / DAY-ONE

**PRIORITY 2** – ADD AFTER CLINIC IS STABLE

**PRIORITY 3** – SPECIALIZATION-BASED / ADVANCED

Who This Checklist Is For:

- New physical therapy clinics
- Expanding rehab centers
- Physiotherapists opening private practice
- Investors planning PT clinics

## Important Planning Notes

- ✓ Start with high-usage essentials, not advanced machines
- ✓ Buy equipment based on patient demand, not trends
- ✓ Ensure space availability before large purchases
- ✓ Always check warranty & after-sales support
- ✓ Expand your clinic in phases, not all at once

## Therapeutic Modalities

- Full multi-channel electrotherapy unit OR/AND Portable EMS unit (PRIORITY 1)
- Ultrasound therapy unit (PRIORITY 1)
- TECAR therapy machine (PRIORITY 2)
- Shockwave therapy machine (PRIORITY 2)
- EMG biofeedback system (PRIORITY 3)
- Cryotherapy compression system (cold + compression) (PRIORITY 3)
- Traction machine (cervical & lumbar) + table & accessories (PRIORITY 2)
- Lymphatic drainage machine/Presso therapy (PRIORITY 2)
- Magneto therapy machine (PRIORITY 3)
- Acupuncture Stimulator (PRIORITY 3)

## Basic Modalities

- Ice packs Vairable Sizes (PRIORITY 1)
- Heating Pad (PRIORITY 1)
- Massage Oils (PRIORITY 1)
- Massage Gun (PRIORITY 1)
- Infrared Lamps (PRIORITY 1)
- Basic Assistive Devices (PRIORITY 1)

## Therapeutic Furniture

- Treatment tables (PRIORITY 1)
- Bobath Table (PRIORITY 2)
- Trolley with drawers (PRIORITY 1)
- Swivel Stool (PRIORITY 1)
- Step stools (PRIORITY 1)
- Parallel Bars (PRIORITY 1)
- Wall Ladder (espalier) (PRIORITY 1)
- Finger Ladder (PRIORITY 1)
- Training Stairs (PRIORITY 2)
- Pulley Cage (PRIORITY 2)
- Mirror For Visual feedback (PRIORITY 1)
- Privacy screens or dividers (PRIORITY 2)
- Pillows, towels, positioning supports (PRIORITY 1)

## **Fitness / Exercise Equipment**

- Adjustable weight pulleys (PRIORITY 1)
- Dumbbells (PRIORITY 1)
- Ankle Weights (PRIORITY 1)
- Kettlebells (PRIORITY 2)
- Medicine balls (PRIORITY 2)
- Foam Rollers (PRIORITY 1)
- Gym Balls (PRIORITY 1)
- Bosu Balls (PRIORITY 1)
- Balance Boards (PRIORITY 1)
- Resistance Bands (PRIORITY 1)
- Tall Resistance Bands (PRIORITY 1)
- Pull Up Resistance Bands (PRIORITY 1)
- TUBE Resistance Bands (PRIORITY 1)
- FabricResistance Bands (PRIORITY 3)
- X-Factor (PRIORITY 2)
- Treadmill (PRIORITY 2)
- Stationary bike (PRIORITY 2)
- Plyometric Station (PRIORITY 3)
- Leg Extension Machine (PRIORITY 2)
- Bench Press (PRIORITY 2)
- Rehabilitation mats (PRIORITY 1)

## Basic Assessment Tools

- Goniometer (PRIORITY 1)
- Measuring tape (PRIORITY 1)
- Reflex hammer (PRIORITY 1)
- Grip dynamometer (PRIORITY 1)
- Neurological testing instruments (PRIORITY 1)
- Blood pressure monitor (PRIORITY 1)
- Oximeter (PRIORITY 1)
- Stethoscope (PRIORITY 1)
- Thermometer (PRIORITY 1)

## Taping

- Kinesiology Tape
- Rigid Tape
- Under Tape
- Self Adhesive bandages

## Educational Decoration

- Skeleton (Optional)
- Anatomical posters (Optional)
- Anatomical models (Optional)
- Health education posters (Optional)